

# FY2019 RATE SHEET / ADDENDUM

## Independent Living Arrangement

### Description of Services



#### Case Management

- Orientation of youth to program
- Development of service plan and quarterly reviews
- Writing of monthly reports
- Writing of social history
- Facilitation of services as identified in plan
- Least restrictive supervision, as indicated in service plan
- On call services
- Discharge planning and writing of discharge summary
- Coordination of services with stakeholders

**Independent Living Skills Coaching** (consistent with Casey Life Skills assessment, client and stakeholder input, and service plan)

- **Daily Living** – food and nutrition, home cleanliness, home safety, home repairs, computer and internet basics and safety, resources access on line, by email or by phone
- **Self-Care** – health care, personal benefits, personal hygiene, personal safety, sexuality
- **Relationships and Communication** – personal development, relationship development, communication with others, cultural competency, domestic violence, self-advocacy
- **Housing and Money Management** – taxes, budgeting and spending plan, banking and credit, housing, direct deposits from employment, cost savings
- **Work and Study** - study skills, employee relations, communication with supervisor, time management, personal development, completing employment forms (tax deductions), income taxes, laws relating to employment
- **Career and Education Planning** –goal setting for employment and education
- **Looking Forward** – short and long term goal setting, problem solving, critical thinking
- **Permanency/Connections** – daily living permanency, transportation, natural support building, legal permanency

#### Rent

- Housing
- Weekly food allowance
- \$56 a month allowance (encouraged to save)
- Water
- Sewer
- Landline phone
- Internet
- Trash pick up

|  | Level 1           | Level 2            | Level 3            | Level 4            |
|--|-------------------|--------------------|--------------------|--------------------|
| <b>Minimum hours of CM and IL Skills development per week</b>        | 3 hours           | 9 hours            | 15 hours           | 21 hours           |
| <b>Days of service per week</b>                                      | 1 day             | 2 – 3 days a week  | 4 – 5 days a week  | 6 – 7 days a week  |
| <b>Total hours/days of service per month (multiply by 4.3 weeks)</b> | 12.9 hrs/4.3 days | 38.7 hrs/12.9 days | 64.5 hrs/21.5 days | 90.3 hrs/30.1 days |
| <b>Monthly cost for services</b>                                     | \$752.50          | \$2,257.50         | \$3,762.50         | \$5,267.50         |
| <b>Rent per month</b>  | \$700             | \$700              | \$700              | \$700              |
| <b>Total monthly cost for ILA</b>                                    | \$1,452.50        | \$2,957.50         | \$4,462.50         | \$5,967.50         |