

Welcome

to our IL Commons Coffeehouse



Before social media, there were English coffeehouses.

Hundreds of years ago, these coffeehouses were places where people gathered to learn the news of the day, meet with other local residents, discuss matters of mutual concern, and exchange their opinions and ideas.

Today, our Coffeehouse in the IL Commons is a place for all members of our Independent Living community to come together like neighbors in a safe, open environment where they can be seen and heard equally while discussing interesting and helpful topics.

**IL COMMONS
(BUILDING 10)**

ALL SESSIONS FROM 6-7PM ON THE FOLLOWING WEDNESDAYS:

SEP: 14, 28 | OCT: 12, 26 | NOV: 9, 30 | DEC: 14



Attendance is voluntary, free, and meets requirements from VHBC's Therapeutic Resource Center for access to psychiatry appointments.